

# JOIN TODAY



The ROYAL  
SOCIETY of  
MEDICINE

## AOT TRAINEES



**Exclusive  
membership  
discount for  
AOT members in  
specialty training:**

Save at least 21% on  
RSM membership each  
year and no joining fee



[www.rsm.ac.uk/join](http://www.rsm.ac.uk/join)



## WORLD CLASS MEETINGS

Cross-specialty education: Over 400 meetings each year



I think that you are very engaging, especially for younger Fellows like myself (I am a foundation trainee)... I always love it when I attend meetings at the RSM and look forward to remaining a member"

Dr Mariam Akinpeju, joined 2011



### Attend Otolaryngology & Rhinology meetings free of charge

Meeting organised by the RSM's Otolaryngology & Rhinology Sections are **free to attend for RSM member**. To attend all these meetings as a non-member would cost you £200 – which is more than the cost of RSM membership\*.

#### Upcoming meetings include:

##### Friday 6 May 2016

- Allergy, rhinitis and sinusitis
- 2016 Garnett Passe memorial lecture
- JLO Visiting Professor lecture and "Convince the Professors" – Matthew Yung short paper and poster prizes

\*ST1-ST6



AOT Trainees can take advantage of a **very special bursary scheme from the RSM Sections of Otolaryngology & Rhinology** which significantly reduces the cost of your RSM membership – a saving of at least 21%. What's more, this is not a one-off offer and the **value of the bursary increases year on year** – this is in addition to the waiving of the usual joining fee.

Over the course of your specialty training this bursary could **save you as much as £520** which is more than the value of three years RSM membership (StR1 – 3).

I hope you take advantage of this special opportunity and look forward to meeting you at the RSM soon.

#### C. Martin Bailey

BSc FRCS FRCSed  
Consultant Children's ENT Surgeon and RSM Honorary Secretary



### Free membership when on maternity/paternity leave

For trainees on maternity/paternity leave or who are going overseas and not earning, the RSM is now offering free membership, for up to two years, providing continued access to the RSM's member benefits. To find out more, please contact the RSM's Membership team on **020 7290 2991** or [membership@rsm.ac.uk](mailto:membership@rsm.ac.uk).

### Attend exceptional educational conferences

Every year, the RSM runs over 400 cross-specialty meeting spanning 60 medical specialties and areas of interest including otology, laryngology & rhinology and oral & maxillofacial surgery – nearly all with CPD accreditation. As an RSM member you will be able to attend all meetings at highly preferential rates (sometimes free). Meeting also provide extensive networking opportunities to meet speakers, opinion formers, colleagues and other RSM members in a relaxed environment.



### Free innovations updates and global health events

RSM members receive priority invitations to our impressive Medical Innovations Summits showcasing work from innovators, entrepreneurs and researchers from around the world – keeping you informed about the latest developments in healthcare and medicine. Members also receive priority invitations to our global health lectures, debates and film screenings.



## EXTENSIVE ONLINE RESOURCES

Easy access to more online resources than through any other single provider



**The access to journals online is outstanding – the main reason I keep my membership – thank you”**

Dr Lisa Chamberlain, joined 2010

### Access over 5,000 ejournals

As an RSM member, you will have fast remote access to over 5,000 ejournals – all full-text, without restrictions and including the latest issues.

#### Titles include:

- Acta Oto-Laryngologica
- American Journal of Otolaryngology
- American Journal of Rhinology
- Clinical Otolaryngology
- Ear, Nose & Throat Journal
- European Archives of Oto-Rhino-Laryngology
- Journal of Otolaryngology
- Journal of Otolaryngology - Head & Neck Surgery
- Otolaryngology – Head and Neck Surgery
- Otology & Neurotology
- Rhinology



In addition you will have online access to the entire digital back catalogues of thousands of journals and over 1,500 ebooks, many of which can be downloaded to your Apple or Android device.

### Earn CPD at home, work or on the move with RSM Videos

RSM members enjoy free and unrestricted access to RSM Videos - an online resource providing access to lectures from key RSM meetings:

- Over 600 videos available
- New lectures added each week
- Search by specialty or subject
- View on a computer or tablet

This resource will provide you with the flexibility to learn and keep up to date at a time that suits your busy schedule. Over the coming years, the RSM is planning to film lectures from 80% of meetings.

#### Lectures available to view include:

- Otological needs in low resource settings - challenges and solution
- Vestibular neuroepithelium: Regenerative biology and therapeutics
- Within the NIHR: a roadmap to research resources
- Bionics: Hearing, balance and the brain
- The dizzy patient
- Changing paradigms in the management of differentiated thyroid cancer
- Management of the difficult thyroid
- Virtual nasendoscopy for the difficult airway
- Managing the patient with an auditory processing disorder



### Online forums

New for 2015/16, we are launching specialty online forums where you can discuss developments in your areas of interest with other members around the world.



### ClinicalKey and other medical databases

To support clinical decision making and research, the RSM provides members with access to six key medical databases including *ClinicalKey* – a resource with over 13,000 medical and surgical videos for clinical training, a database of clinical guidelines, thousands of images and over 3,000 drug monographs. Other major databases available include Medline, Embase, AMED, The Cochrane Library and DH-Data.

**@** **ENHANCE YOUR CV**

The RSM provides you with valuable opportunities to develop your career



**“ It is one of the top professional bodies and I have seen it go from strength to strength in the years past. Exemplary for ambition focus and achievement of such high standards of excellence”**

Dr Adina Tarry, joined 2008

**Prizes and awards**

Joining the RSM provides you with the opportunity to enter 75 prizes and awards worth over £60,000 which can greatly enhance your CV when looking for your next position. Prizes include cash, opportunities to travel abroad and much more.

As a winner of one of these prizes you may also be entered into the RSM Trainee of the Year award – with a cash first prize of £3,000.

**Prizes include:**

**Rhinology essay prize**

Prize: £1,000

**Laryngology & rhinology research prize**

Prize: £1,250

**Laryngology & rhinology travel and equipment grants**

Prize: £1,000

**Otology Matthew Yung short paper and poster prize**

Prize: £1,000

**Otology training scholarships**

Prize: £1,000

**Networking opportunities**

The RSM provides extensive networking opportunities enabling you to speak with consultants, senior healthcare professionals, opinion formers and other trainees in a relaxed environment.

Throughout the year the RSM holds a number of eponymous lectures which are followed by networking receptions where you can meet and chat with keynote speakers.

**Work with leaders in the field**

Trainees can also join our various Section Councils – spanning over 60 specialties and areas of interest – providing opportunities to work with peers and experts in the field, whilst influencing and indeed providing input into training programmes being designed.

In addition you can also apply to join the Trainees' Committee who develop meeting programmes specifically for trainees.



**@** **EXCLUSIVE MEMBERS' ONLY CLUB FACILITIES**

Enjoy our extensive club facilities when visit London, for business or pleasure



**“ I find having somewhere good quality, safe and central to stay in London is a real asset”**

Miss Riley, joined 2014

**Eat, drink and relax in comfort**

You can enjoy breakfast, a mid-morning coffee, lunch or dinner in one of our two member lounges or café area; entertain colleagues with a meal in our first class restaurant or relax with friends and family over a drink in our bar.



**Private dining rooms available free of charge**

When you have a special celebration or require a more intimate space for a business lunch or dinner, then RSM members can take advantage of one of the three private dining rooms available to book – free of charge. These private dining rooms can accommodate parties of up to 24 guests (minimum of six guests required).

**Low cost central London accommodation**

When you need to stay in London you can take advantage of two hotels which offer exceptional value for money and prime central London locations. Domus Medica, our on-site hotel, has 47 high quality en-suite bedrooms with rates starting at just £98 per room per night inclusive of breakfast and VAT\*. You can also stay at our nearby beautiful boutique hotel, Chandos House with 17 splendid bedrooms, at discounted rates.

Members who would like to enjoy some relaxation time while staying at the RSM can take advantage of the nearby Langham Hotel's luxurious Chuan Spa for just £20 day.

**@** **WORLD CLASS MEDICAL LIBRARY**

Home to one of the largest and most up to date medical libraries in Europe



**“** Thank you for providing an excellent space to study in peace and quiet in the centre of town and putting on such excellent courses”

Katie Wright, joined 2014

**24/7 access to the RSM library**

The RSM is one of the largest and up to date medical libraries in Europe with a collection of over 600,000 volumes for borrowing or reference use.

The entire first floor of the library is open 24 hours a day, seven days a week providing continuous access to the RSM's modern book collection, PCs and desk space for studying. There is a self-service kiosk so you can borrow and return books during unstaffed hours and RSM members also enjoy free printing and photocopying.

Members can take advantage of our free CPD-accredited 'Information Skills Programme' run by our expert library team. Regular bookable sessions cover 'Literature searching' (introduction and advanced levels) and how to 'improve your database search skills through practice'. These courses are also supplemented by individual one-to-one 'database tutorials' where you can receive online training on how to use and make the most of the medical databases from the comfort of your own home or office.



**New study space**

We have created a new study space - the Mezzanine Suite - with a 65 inch interactive touch screen PC and glass boards, an ideal meeting space for collaborative projects and study sessions.

**@** **EXTRA BENEFITS**

Discounts and privileges from specially selected partners



**“** All the clubs I've visited offer exceptional facilities – a real comfort if you arrive after a day of meetings or a long flight.”

Dr Sarah Walsh, joined 2010

**Reciprocal clubs around the world**

As well as exclusive member facilities in central London, RSM members enjoy access to our global network of 50+ reciprocal clubs situated in 23 countries and spanning five continents. All that is usually required is letter of introduction from the RSM.



**Travel & Leisure**

Whether it's a family holiday or a business trip, the RSM can save members time and money include:

- Free White Membership of WEXAS travel – an award winning travel service
- Discounted travel insurance with Hiscox
- Save money on airport parking, airport lounges and airport hotels
- Discounted car parking with O-Park throughout the UK



**Lifestyle**

Take advantage of great savings from a wide range of well-respected companies:

- Discounted car purchase with Motor Source Group - Save up to 30% on car purchases plus RSM members receive an exclusive additional saving of £195.
- Discounts on high street vouchers which can be spent at John Lewis, House of Fraser and Debenhams.
- Save on Hiscox home insurance, Apple products, nationwide gym membership, Austin Reed clothing and cinema tickets
- Access to a free legal helpline for personal and business use.

## WHAT YOU NEED TO KNOW ABOUT YOUR MEMBERSHIP

### 1. General information

The following are eligible for the membership categories shown:

**1a Young Fellowship** is open to residents in the UK or Republic of Ireland whose first qualification was obtained from a British or Irish medical, dental or veterinary school, within the previous 10 years or up to grade St8. For more information contact the RSM membership team or visit [www.rsm.ac.uk](http://www.rsm.ac.uk).

### 2. Subscriptions

**2a** The preferred method of payment is by Direct Debit. Annual payment may also be made by credit or debit card.

**2b** Applications may be reviewed by the Membership Committee of the RSM.

**2c** Residents of the Republic of Ireland are the only nationals outside of the UK also eligible for Young Fellowship.

**2d** Club Membership is available to the spouse or close family member of a Fellow for an annual fee of £90 (2015/2016). This is only available in conjunction with Fellowship applications.

**2e** RSM Membership is an annual subscription. If you pay by instalments and decide to cancel your membership at any time during the year you will be required to pay the outstanding balance in full.

**2f** Once the RSM has confirmed the start date of your membership and access to membership services you have 14 days in which to cancel. The RSM will make a proportionate charge for up to 14 days membership or deduct this amount from any refund due. If during this time you have purchased further RSM services at member rates you will be liable for any difference in the cost of member and non-member charges.

**2g** If you are on maternity/paternity leave, or are going overseas and not earning, please contact the RSM membership team to claim your free RSM membership (up to 2 years).

### 3. Sections and areas of interests

**3a** The Society has a number of specialist and interdisciplinary Sections running hundreds of meetings each year enabling members to keep up-to-date on developments in their own field or find out what is happening in related areas. You may apply to join up to four Sections.

All relevant meetings have CPD.

**3b** Section rules on accepting Members vary.

## FOLLOW US ON SOCIAL MEDIA



/RoyalSocietyofMedicine



@RoySocMed



/RoyalSocietyMedicine



Royal Society of Medicine



Royal Society of Medicine

### The Direct Debit Guarantee

- This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits
- If there are any changes to the amount, date or frequency of your Direct Debit, the RSM will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request the RSM to collect a payment, confirmation of the amount and date will be given to you at the time of the request
- If an error is made in the payment of your Direct Debit by the RSM or your bank or building society you are entitled to a full and immediate refund of the amount paid from your bank or building society
- If you receive a refund you are not entitled to, you must pay it back when the RSM asks you to
- You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.





# Membership Application

PLEASE COMPLETE THIS FORM IN BLOCK LETTERS

Return to: RTKA - KLLR - YGYJ, FREEPOST the Royal Society of Medicine, Membership Department, 1 Wimpole Street, London W1G 0AE  
Fellowship of the RSM is open to those on the UK medical, dental or veterinary registers; or who have higher scientific qualifications; or are in senior positions in healthcare and related fields and have an interest in medicine and the work of the Society.

Exclusive discount  
Save at least 21% and  
joining fee waived  
for AOT members

AOT16

## 1. Your Personal Details

Name (Title, First name, Surname)

Telephone

Sex:  Male  Female

Address

Postcode

Address is your  home  work Date of birth  /  /

Email

Additional contact address (to be included in our records)

## 2. Your Professional Status

Please give details of relevant qualifications (Degrees, Diplomas etc) with the name of the institution that awarded them and the date of the award

GMC Registration number

Date of Registration

Present appointment/Job title

Specialty

Otolaryngology

Laryngology

Rhinology

## 3. Your Membership Category

**Exclusive discount for AOT members in specialty training.**

Save at least 21% on RSM membership each year and joining fee waived.

**Fees payable upon application. Fees are normally tax-deductible if working in the UK.** Where applicable, fees include an element of VAT. Please select your Membership category by ticking below (see overleaf for further explanation of membership categories). Rates valid until 30 September 2016. Monthly and Quarterly Direct Debit payments are available at standard RSM rates.

Membership Type	Annual Direct Debit			Debit/Credit card		
	Standard rate	RSM Section bursary	You Pay	Standard rate	RSM Section bursary	You Pay
<b>Young Fellow</b>						
StR1 (or worked up to 3 years)	£140	£30	<input type="checkbox"/> £110	£180	£30	<input type="checkbox"/> £150
StR2 (or worked up to 4 years)	£177	£40	<input type="checkbox"/> £137	£217	£40	<input type="checkbox"/> £177
StR3 (or worked up to 5 years)	£201	£50	<input type="checkbox"/> £146	£241	£50	<input type="checkbox"/> £191
StR4 (or worked up to 6 years)	£218	£60	<input type="checkbox"/> £151	£258	£60	<input type="checkbox"/> £198
StR5 (or worked up to 7 years)	£245	£70	<input type="checkbox"/> £166	£285	£70	<input type="checkbox"/> £215
StR6 (or worked up to 8 years)	£275	£80	<input type="checkbox"/> £181	£315	£80	<input type="checkbox"/> £235
StR7 (or worked up to 9 years)	£320	£90	<input type="checkbox"/> £222	£360	£90	<input type="checkbox"/> £270
StR8 (or worked up to 10 years)	£385	£100	<input type="checkbox"/> £295	£425	£100	<input type="checkbox"/> £325

# JOINING FEE OF £35 WAIVED WHEN USING THIS FORM

If your current job grade does not correspond with years qualified please provide details here.

Application continues overleaf...

**ELIGIBILITY CRITERIA** Fellowship of the RSM is open to those who hold a medical, dental or veterinary qualification; or who have higher scientific qualifications – and also those holding senior positions within the healthcare sector. Young Fellowship is open to residents in the UK or Republic of Ireland whose first qualification was obtained from a British or Irish medical, dental or veterinary school, or equivalent institution within the previous 10 years or who has worked for up to 10 years.

Please return to: RTKA - KLLR - YGYJ, FREEPOST, The Royal Society of Medicine, Membership Department, 1 Wimpole Street, London, W1G 0AE  
For full terms and conditions please visit [www.rsm.ac.uk/terms-and-conditions](http://www.rsm.ac.uk/terms-and-conditions)

**DATA COLLECTION** The data from this form is collected for the following purposes; membership, processing transactions and collecting subscriptions, keeping records, and for the Royal Society of Medicine (RSM) and RSMSS\* to provide the information and services you as a member would expect including those offered by our affinity partners. The RSM does not share its data with any third parties for such activity. You can view our full Privacy Policy at [www.rsm.ac.uk/privacy](http://www.rsm.ac.uk/privacy). If you do **not** want to receive such information from us by any of the methods listed below please indicate by ticking the corresponding box:

email  post  telephone

\* RSMSS (Royal Society of Medicine Support Services Limited) is the wholly owned subsidiary company of the RSM which operates Domus Medica, Chandos House and the members' restaurant, bar and buttery)

## 4. Optional Upgrades

Please select your optional upgrades by ticking the boxes below - these will be added to your annual membership fee.

RSM annual online CPD

£95

Monthly paper copy of JRSM (Journal of the Royal Society of Medicine)

£26

Club membership (only with Fellowship applications)

£90

Name of Club member (Title, First name, Surname)

Address of Member (if different from Fellow)



Postcode

Relationship to Fellow

Telephone

Email (must be different to Fellow's email address)

## 5. Choose your Sections and areas of interest

You can select up to 4 Sections and areas of interest. It is not necessary to choose these immediately. If, however you know which specialty groups you wish to join.

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Anaesthesia Section                        | <input type="checkbox"/> General Practice with Primary Healthcare Section      | <input type="checkbox"/> Odontology Section   | <input type="checkbox"/> Radiology Section                     |
| <input type="checkbox"/> Cardiology Section                         | <input type="checkbox"/> Geriatrics & Gerontology Section                      | <input type="checkbox"/> Oncology Section   | <input type="checkbox"/> Respiratory Medicine Section          |
| <input type="checkbox"/> Cardiothoracic Section                     | <input type="checkbox"/> Global Health   | <input type="checkbox"/> Open Section   | <input type="checkbox"/> Rheumatology & Rehabilitation Section |
| <input type="checkbox"/> Catastrophes & Conflict Forum              | <input type="checkbox"/> History of Medicine Society                           | <input type="checkbox"/> Ophthalmology Section                                      | <input type="checkbox"/> Sexuality & Sexual Health Section     |
| <input type="checkbox"/> Clinical Forensic & Legal Medicine Section | <input type="checkbox"/> Hypnosis & Psychosomatic Medicine Section             | <input checked="" type="checkbox"/> <b>Oral &amp; Maxillofacial Surgery Section</b> | <input type="checkbox"/> Sleep Medicine Section                |
| <input type="checkbox"/> Clinical Immunology & Allergy Section      | <input type="checkbox"/> Intellectual Disability Forum                         | <input type="checkbox"/> Orthopaedics Section                                       | <input type="checkbox"/> Sport & Exercise Medicine Section     |
| <input type="checkbox"/> Clinical Neurosciences Section             | <input type="checkbox"/> Interprofessional Education Network                   | <input type="checkbox"/> <b>Otology Section</b>                                     | <input type="checkbox"/> Students' Section                     |
| <input type="checkbox"/> Coloproctology Section                     | <input type="checkbox"/> Innovations in Medicine                               | <input type="checkbox"/> Paediatrics & Child Health Section                         | <input type="checkbox"/> Surgery Section                       |
| <input type="checkbox"/> Comparative Medicine Network               | <input checked="" type="checkbox"/> <b>Laryngology &amp; Rhinology Section</b> | <input type="checkbox"/> Pain Medicine Section                                      | <input type="checkbox"/> Technology in Medicine Section        |
| <input type="checkbox"/> Critical Care Medicine Section             | <input type="checkbox"/> Lipids, Metabolism & Vascular Risk Section            | <input type="checkbox"/> Palliative Care Section                                    | <input type="checkbox"/> Telemedicine & eHealth Section        |
| <input type="checkbox"/> Dermatology Section                        | <input type="checkbox"/> Maternity & the Newborn Forum                         | <input type="checkbox"/> Pathology Section  | <input type="checkbox"/> <b>Trainees' Section</b>              |
| <input type="checkbox"/> Emergency Medicine Section                 | <input type="checkbox"/> Medical Genetics Section                              | <input type="checkbox"/> Patient Safety Section                                     | <input type="checkbox"/> Urology Section                       |
| <input type="checkbox"/> Endocrinology & Diabetes Section           | <input type="checkbox"/> Military Medicine Section                             | <input type="checkbox"/> Pharmaceutical Medicine & Research Section                 | <input type="checkbox"/> Vascular Medicine Section             |
| <input type="checkbox"/> Epidemiology & Public Health Section       | <input type="checkbox"/> Nephrology Section                                    | <input type="checkbox"/> Plastic Surgery Section                                    | <input type="checkbox"/> Venous Forum                          |
| <input type="checkbox"/> Food & Health Forum                        | <input type="checkbox"/> Obstetrics & Gynaecology Section                      | <input type="checkbox"/> Psychiatry Section   |  |
| <input type="checkbox"/> Gastroenterology & Hepatology Section      | <input type="checkbox"/> Occupational Medicine Section                         | <input type="checkbox"/> Quality in Healthcare Network                              |  |

May be of particular interest

## 6. Your Signature and Declaration

I hereby apply to become a member of the Royal Society of Medicine (RSM) and agree to be bound by its by-laws and constitution(s) of its Sections (copies of these are available on request)

Signature

Date

## 7. Select your payment method

Simply make your choice of payment method, either by Direct Debit, debit or credit card. Please note quarterly payments are only available to those paying by Direct Debit.

### Direct debit

### Save £40 if you pay by Annual Direct Debit

**Instruction to your bank or building society to pay by Direct Debit.** Please complete this form clearly in block capitals and return to: The Membership Department, The Royal Society of Medicine, 1 Wimpole Street, London W1G 0AE, United Kingdom.

I would like to pay my subscription:

Annually

Name(s) of account holders



Branch sort code

Bank/building society account number

Name and postal address of your bank/building society

Postcode

Service User Number



Please note: Payments can only be taken from UK bank accounts. Banks and building societies may not accept Direct Debit instructions for some types of accounts.

**Instruction to your bank or building society:**

Please pay The Royal Society of Medicine Direct Debits from the above account.

Signature(s)



### Cheque

I enclose a cheque for £  made payable to The Royal Society of Medicine.

### Credit or Debit card

I wish to pay by

VISA

MASTERCARD

SWITCH/DELTA

AMEX

Card Number

Starts

Expires

Issue Number\*

CVV\*\*

\*Switch only

\*\*The last three digits (four for AMEX) on the signature strip on your card

Signature(s)

Date